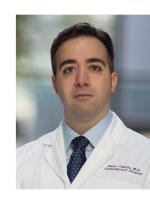




Bayamón **No 5 - DECEMBER 2020** 



## World Class Cardiovascular Care in Puerto Rico | www.hispanicvalvecenter.org



Dear All, Welcome to our monthly e-newsletter. This issue highlights the mission and values of the Hispanic Valve Center: Empowering communication and outreach among colleagues and peers to promote excellence in patient care. In addition, we reinforce the strength of multilevel education and its capacity to have a notable impact on patient outcomes. Javier Castillo, MD

Director, Hispanic Valve Center

En este número destacamos la misión, la visión, y los valores del Hispanic Valve Center: reforzar la comunicación con nuestros colegas para llegar a la excelencia. Además, nos gustaría reiterar la gran importancia de la educación por su capacidad para mejorar significativamente los resultados clínicos.

Bienvenidos a nuestro boletín electrónico mensual.

Director, Hispanic Valve Center

Javier Castillo, MD

Estimados todos,



# As 2020 draws to an end, I would like to wish you and your loved

Happy Holidays SAN JUAN | PR

ones happy holidays and a healthy prosperous new year. This has been an extraordinary year for the Hispanic Valve Center. Despite the devastating COVID-19 pandemic, our outreach network has

grown exponentially. More importantly, we have made a significant impact on many patients' lives and families. I will certainly remember 2020 for many reasons including expansion and connection with colleagues with a strong common objective: commitment to excellence in patient care. Please enjoy the holiday season, I look forward to working with you in 2021.



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**BENCHMARKS** Only at Bayamón Medical





### The Hispanic Valve Center played a role in 2020's largest cardiovascular meetings in Spanish. Organizing committees have

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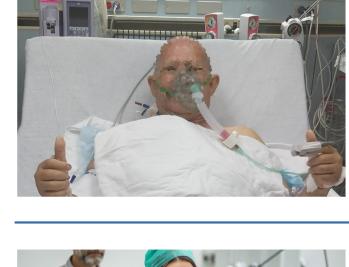
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International Presence in 2020

trusted our expertise and scientific rigor to chair and moderate interactive sessions, debates, round tables, wet labs, and due to the pandemic, webinars on mitral valve disease. We continue to encourage physicians and patients to learn more about diagnosis and management of mitral valve disease. In 2021, our mission will be supported by multiple educational grants to develop "valve initiatives" in Puerto Rico and the Caribbean.



### E.Q. is a 57-year-old welder with no significant previous medical history. Just before going to bed, he felt a sudden and very sharp

Aortic Program - Successful First "Dissection"

back pain which did not get any better with conventional pain killers. After a few hours, he decided to go to the ER at Bayamon Medical Center. After appropriate workup, he was found to have a type A aortic dissection involving ascending aorta and aortic arch. Just two hours after the diagnosis, the patient was in the OR undergoing valve resuspension and replacement of ascending aorta and hemiarch. Next morning, he was out of bed and eating.



#### institutional demand and complex training at the point of care. This is particularly relevant in Puerto Rico, where the lack of trained cardiovascular or intensive care nurses is more and more

Investing in Cardiovascular Nursing Education

Everyday RNs are challenged to manage increasingly complex patients. In addition, hospitals face more difficulties to meet the

evident. At Bayamón Medical Center, we have decided to launch an educational project to train RNs and APRNs in providing postoperative care and monitoring cardiac readings. This training will be accessible to all RNs in Puerto Rico. **Updated AHA & ACC Guideline Apps** 

The Guideline Apps are the most updated mobile content and tools for cardiovascular clinicians. Guideline recommendations, targeted summaries, and tools such as risk scores, calculators and algorithms can be quickly accessed on your mobile device anytime, anywhere. The Guideline Apps are updated periodically throughout the year and available for free in the iTunes and

Google Play stores. www.acc.org/tools-and-practice-support/mobile-resources



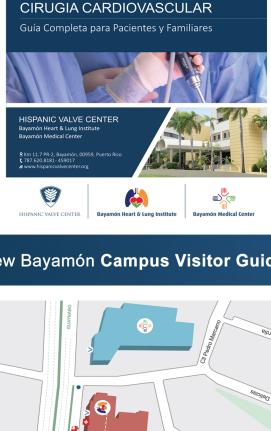
We are all working together to provide the highest-quality care by achieving

complete patient understanding. In this context, the Hispanic Valve Center has developed a booklet for those patients who are in need of cardiovascular surgery. This comprehensive patient roadmap answers every single question.

In addition, we have adapted, simplified, and fully translated the guidelines

to improve and maximize patient understanding about indications and timing.

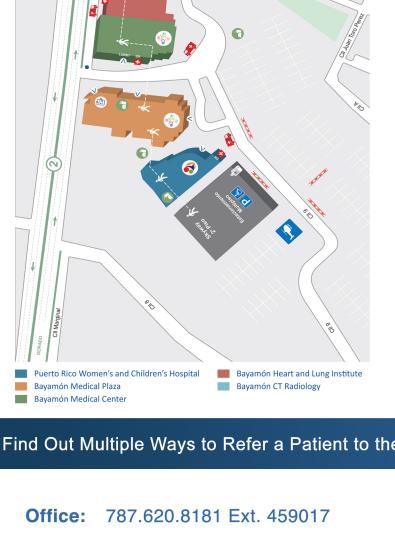
https://www.hispanicvalvecenter.org/portaldelpaciente

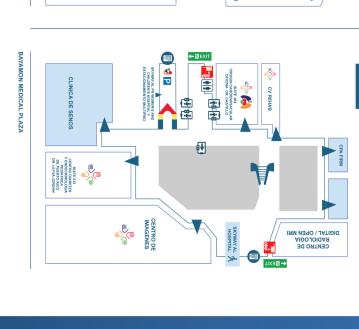




New Bayamón Campus Visitor Guide - Supporting Patients and Families Every Step of the Way

SAYAMON MEDICAL PLAZA





Find Out Multiple Ways to Refer a Patient to the Hispanic Valve Center at Bayamón Medical

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