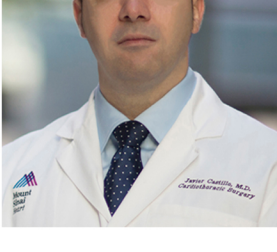


World Class Cardiovascular Care for the Hispanic Community | www.hispanicheartcenter.org



Dear Colleague,
Welcome to our monthly e-newsletter. We hope you enjoy this new way to keep you informed about the advancement of the Hispanic Heart Center. Our objective is to offer an accessible partnership to provide excellent patient care across the spectrum of cardiovascular disease. This issue shares news on our new brochure and educational activities.

Javier Castillo, MD
Director, Hispanic Heart Center

Estimado Colega,
Bienvenido a nuestro boletín electrónico mensual. Esperamos que compartas nuestra nueva forma de informar acerca de los progresos del Hispanic Heart Center. Nuestro objetivo es facilitar el acceso a nuestro sistema al mayor número de pacientes posible. En esta ocasión compartimos contigo el lanzamiento de nuestro nuevo folleto informativo.

Javier Castillo, MD
Director, Hispanic Heart Center



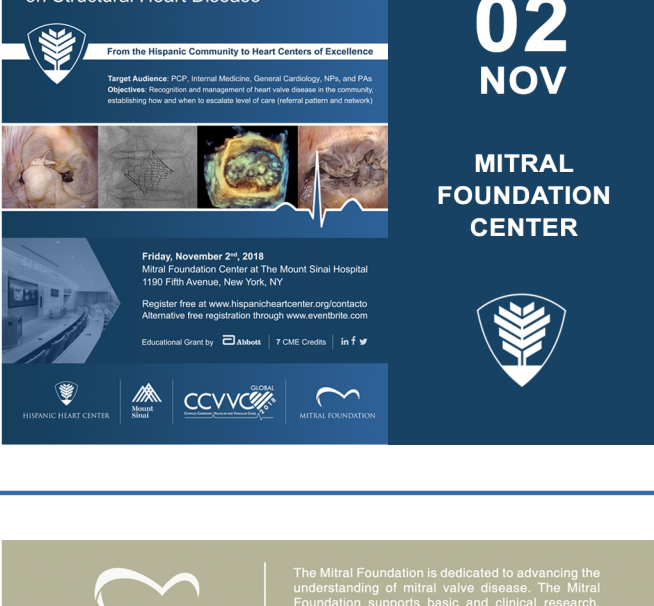
New Look Hispanic Heart Center Brochure
JULY 20, 2018 | NEW YORK

The Hispanic Heart Center has launched a new look brochure to better promote patient education among the Hispanic community. Since structural heart disease is one of our specialties, an adapted version of the 2017 AHA/ACC Guideline for the Management of Patients with Valvular Heart Disease has been included. The algorithms have been simplified and transformed into a more intuitive resource to help patients understand every single class and recommendation. Every section of the Guideline has been translated into Spanish.



XXVII Encuentro Internacional de Cardiología
JULY 25, 2018 | LEON, MEXICO

The XXVII International Meeting of the ANCCMR, one of the largest cardiovascular societies in Mexico, was held on July 26, 2018 in Leon. Over 2900 attendees from 11 countries, including internists, cardiologists, cardiovascular surgeons, and exhibitors were in attendance. Dr. Javier Castillo, Director of the Hispanic Heart Center, led the plenary session on current management of mitral valve disease. In addition, a debate on patient selection in the setting of mitral valve disease and severe left ventricular dysfunction took place. This session was the most attended of the conference.



Save the Date - Symposium on Structural Heart Disease
JULY 27, 2018 | NEW YORK

The 2018 Hispanic Heart Center Symposium on Structural Heart Disease will be held at the Mitral Foundation Center - The Mount Sinai Hospital - on November 2. The theme of the conference is *From the Hispanic Community to Heart Valve Centers of Excellence* and it wishes to stress the need for early recognition of valve disease. Furthermore, an emphasis on establishing how and when to escalate level of care (referral pattern and network) will be made. Local speakers and delegates are expected to represent a multidisciplinary league of professionals who manage patients with heart valve disease in the Hispanic community.



International Surgical Missions to Mexico
JULY 27, 2018 | MEXICO CITY, MEXICO

The Mitral Foundation, a nonprofit organization linked to the Department of Cardiovascular Surgery at The Mount Sinai Hospital, strives to provide superb training to the upcoming generation of professionals. The Mitral Foundation has become an international hub of clinical excellence in mitral valve disease, offering unrivaled teaching resources. In this context, we are partnering with recognized leaders in Mexico to continue our educational mission, to establish new centers of expertise, and to promote innovative valve screening programs.



Building Bridges for International Patients
JULY 30, 2018 | MADRID, SPAIN

The Hispanic Heart Center is collaborating with international institutions to ensure the continuation of recovery protocols in all overseas patients that travel to receive a cardiac intervention. Our first partner is Gloria Vañó, an experienced physical therapist and nutritionist, based in Madrid, Spain (www.fisioterapiavip.com or www.hispanicheartcenter.org/gloriavano). She is adopting all our guidelines to help patients with heart rate variability, breathing exercises to better achieve full lung capacity, sternal precautions, or posture correction upon returning home.

Patient Information | Información para Pacientes

Need an echocardiogram if you have:

- . A heart murmur
- . Shortness of breath
- . Weakness or dizziness
- . Chest pain, tightness, or discomfort
- . Fainting or feeling faint
- . Fatigue
- . Rapid or irregular heartbeat
- . Lightheadedness
- . Decrease in exercise capacity
- . Swollen abdomen or ankles and feet

Necesita un ecocardiograma si tiene:

- . Un soplo cardíaco
- . Falta de aire o dificultad para respirar
- . Debilidad o siente vértigo
- . Dolor o presión en el pecho
- . Desmayos o siente que se va desmayar
- . Fatiga
- . Arritmias o taquicardias
- . Mareos frecuentes
- . Limitaciones en la actividad física
- . Hinchazón de abdomen, tobillos o pies

Upcoming Academic Events | Próximos Eventos Académicos



SEVILLA, ESPAÑA
Plenary session on mitral valve disease



MÉRIDA, YUCATÁN, MEXICO
Plenary session on mitral valve disease



CARTAGENA, COLOMBIA
WetLab on mitral valve annuloplasty



BUENOS AIRES, ARGENTINA
Plenary session on mitral valve disease

Multiple Ways to Refer a Patient to the Hispanic Heart Center at The Mount Sinai Hospital

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- +1 (212) 659-6818
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