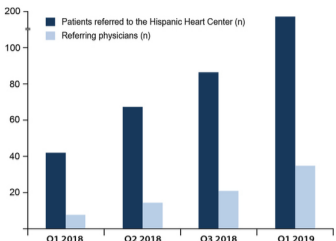
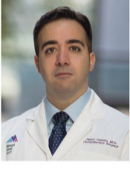




EXPONENTIAL IMPACT, EXPONENTIAL GROWTH



World Class Cardiovascular Care for the Hispanic Community | www.hispanicheartcenter.org



Dear All,
Welcome to our monthly e-newsletter. This issue makes an emphasis on the exponential growth of the Hispanic Heart Center. Without doubt, trust is one of the central features of relationships between patients and healthcare providers. Every month, not only more physicians, but more patients trust our clinical judgement and decision-making.

Javier Castillo, MD
Director, Hispanic Heart Center

Estimados todos,
Bienvenidos a nuestro boletín electrónico mensual. Este mes destacamos el crecimiento exponencial del Hispanic Heart Center. Sin duda alguna, la confianza es la piedra angular de las relaciones entre cuidadores y pacientes. Cada mes son más los especialistas y pacientes que confían en nuestro juicio clínico para la toma de decisiones.

Javier Castillo, MD
Director, Hispanic Heart Center



Pathway Leader - ACC Latin America Conference CARTAGENA DE INDIAS | COLOMBIA

The American College of Cardiology and the Colombian Society of Cardiology and Cardiovascular Surgery have created an innovative educational experience to critically examine current evidence-based strategies and clinical decision-making. Doctors Hector Michelena (Mayo Clinic) and Miguel Urina Triana (University Hospital of Barranquilla), conference co-chairs, are leading a multidisciplinary planning committee to design an event intended for practicing cardiologists, cardiovascular surgeons, internists, primary care physicians, as well as fellows in training. Doctor Javier Castillo is the pathway leader for surgery.



Hispanic Heart Center "Ventanilla de Salud" NEW YORK | NEW YORK

Located at the Mexican Consulate in New York City, *Ventanilla de Salud* is a free program designed to help Spanish-speaking patients identify health services available where they live. The project also provides patients with information and education to prevent diseases and to promote healthy habits. The Hispanic Heart Center collaborated with the local staff to perform heart valve screening with handheld echocardiography. The initiative was a tremendous success and over 50 patients signed up. Consulates from other countries including Colombia, Dominican Republic, and Peru have also shown interest in this initiative.



Building an Integrated Heart Team in Queens ASTORIA | NEW YORK

The Hispanic Heart Center hosted the first Queens networking event on April 23rd. The gathering, organized by doctors Atul Kukar (Chief of Cardiology, Mount Sinai Queens) and Javier Castillo (Director, Hispanic Heart Center), brought together the main leaders of the Queens cardiologist community. Most medical centers and clinical practices were represented by over 35 attendees. The main focus of the event was "Building an Integrated Heart Team". Collaboration and opinion sharing are critical in today's decision making.

EXPERT CONSENSUS SYSTEMS OF CARE DOCUMENT
2019 AATS/ACC/ASE/SCAI/STS Expert Consensus Systems of Care Document: A Proposal to Optimize Care for Patients With Valvular Heart Disease
A Joint Report of the American Association for Thoracic Surgery, American College of Cardiology, American Society of Echocardiography, Society for Cardiovascular Angiography and Interventions, and Society of Thoracic Surgeons

Optimizing Care for Patients with Valve Disease NEW YORK | NEW YORK

The evolution of transcatheter technologies and the advances in surgical repair has triggered the creation of a roadmap document for the cardiovascular specialists to establish standards for delivery of high-quality valvular heart disease care. The consensus manuscript, recently released, has been endorsed by the American Association for Thoracic Surgery, the American College of Cardiology, the Society of Thoracic Surgeons, the American Society of Echocardiography, and the Society for Cardiovascular Angiography and Interventions.



The Hispanic Heart Center at AEMEF 2019 VIGO | SPAIN

The annual meeting of the *Asociación Española de Médicos de Equipos de Fútbol* will take place on May 23rd in Vigo, Spain. The symposium gathers physicians from Spanish professional soccer teams to discuss current concepts on Sports Medicine, Podiatric Care, Orthopedics, Cardiology, and Preventive Medicine. Doctor Javier Castillo will talk about "Sports Cardiology for Professional Athletes: Moving towards an In-Field Analysis"

Making an Impact on Patient Education

Structural heart disease is our specialty. We strive to proceed with a thorough history for evaluation of causes and symptoms, accurate assessment of the severity of the valvular abnormality by examination, pertinent diagnostic testing, and complete quantification of the severity of valve dysfunction and benefit of each potential therapeutic intervention. We have adapted, simplified, and fully translated the guidelines to improve and maximize patient understanding about indications and timing.

Primary Aortic Regurgitation Insuficiencia Valvular Primaria			CLASS
Symptoms	UIP	OTHER CONDITIONS	RECOMMENDATION
UIP	UIP	UIP	UIP
✓	+	-	Watch valve surgery if threshold of mild to moderate regurgitation is reached (moderate to severe regurgitation is a consideration for surgery)
✓	+	-	Watch valve surgery if threshold of mild to moderate regurgitation is reached (moderate to severe regurgitation is a consideration for surgery)
✓	+	-	Watch valve surgery if threshold of mild to moderate regurgitation is reached (moderate to severe regurgitation is a consideration for surgery)
+	+	-	Watch valve surgery if threshold of mild to moderate regurgitation is reached (moderate to severe regurgitation is a consideration for surgery)
+	+	-	Watch valve surgery if threshold of mild to moderate regurgitation is reached (moderate to severe regurgitation is a consideration for surgery)
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+	+	-	Watch valve surgery if threshold of mild to moderate regurgitation is reached (moderate to severe regurgitation is a consideration for surgery)
+	+	-	Watch valve surgery if threshold of mild to moderate regurgitation is reached (moderate to severe regurgitation is a consideration for surgery)

Severe Aortic Stenosis Estenosis Valvular Severa			CLASS
UIP	UIP	OTHER CONDITIONS	RECOMMENDATION
UIP	UIP	UIP	UIP
+	+	-	Watch valve replacement
+	+	-	Watch valve replacement
+	+	-	Watch valve replacement
+	+	-	Watch valve replacement
+	+	-	Watch valve replacement
+	+	-	Watch valve replacement
+	+	-	Watch valve replacement
+	+	-	Watch valve replacement
+	+	-	Watch valve replacement
+	+	-	Watch valve replacement
+	+	-	Watch valve replacement
+	+	-	Watch valve replacement
+	+	-	Watch valve replacement
+	+	-	Watch valve replacement
+	+	-	Watch valve replacement



<https://www.hispanicheartcenter.org/portaldelpaciente>

Multiple Ways to Refer a Patient to the Hispanic Heart Center at The Mount Sinai Hospital

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- +1 (212) 659-6818
- javier.castillo@mounsinai.org
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